## Ear Piercing and Keloids: What Can Go Wrong?

This flyer is to raise awareness of a less common, yet a significantly disfiguring complication of piercing

## What Is a Keloid Scar?

A keloid is a scar that grows to be far bigger than the original wound. They can be itchy, painful and unsightly. They may develop within a **few weeks up to one year** 

#### Who Gets Keloids?

They are more common in **dark skinned people**, and during **teenage** years.

## How Common Are Keloids?

One study suggests that they occur in as many as 1 / 40 people having their ears pierced, but another suggests it is 1/4000.

## A "dumbbell" keloid from ear piercing.

The ear is especially susceptible to keloid formation

## What to Do?

If you experience any of these symptoms, please **remove the earing immediately** and consultant your GP or a plastic surgeon.

# What Are The Early Signs of Keloid? Persistent itching

around the piercing site could be the first and commonest sign of keloid formation affecting 67-95%.

Thickening and redness around the piercing site – which could be mistaken for infection

Painful lump around the piercing site which could take up to few months to develop and continues to grow.

#### **How to Treat?**

Look out for growing scars after piercing.

Pressure clips and silicone may help to reduce growth.

A Plastic Surgeon can offer various treatment from injections to surgical removal. Treatment becomes harder as the scar grows. Surgery is difficult and results cannot be guaranteed- there is always a risk of recurrence as a new wound is being created.

© James Henderson, Marina Rizk 2025. For more information see <a href="http://www.jameshenderson.net/">http://www.jameshenderson.net/</a>